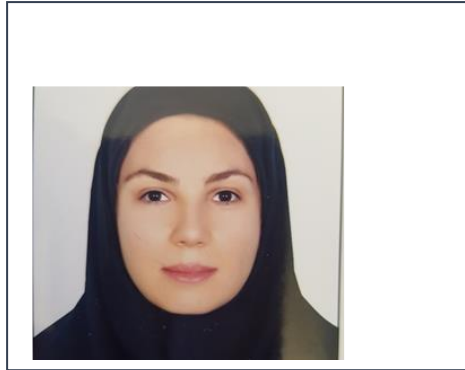


رزومه آموزشی-پژوهشی



الهام زارع

استادیار گروه مامایی و بهداشت باروری ، دانشکده پرستاری و مامایی، دانشگاه علوم پزشکی شهید بهشتی، تهران، ایران

ایمیل: elhamzare@sbmu.ac.ir

elgamzare.phd@gmail.com

علاقه پژوهشی:

سلامت نوجوانان

سلامت زنان

طب مکمل

خشونت خانگی

سوابق تحصیلی و شغلی

فارغ التحصیل دکترای تخصصی بهداشت باروری از دانشگاه علوم پزشکی شهید بهشتی (۱۳۹۵)

فارغ التحصیل کارشناسی ارشد مامایی از دانشگاه علوم پزشکی شهید بهشتی (۱۳۸۶)

فارغ التحصیل کارشناسی مامایی از دانشگاه آزاد اسلامی ، استان فارس (۱۳۸۲)

هیئت علمی گروه مامایی دانشگاه آزاد اسلامی استان فارس (۱۳۸۹-۱۳۹۵)

هیئت علمی گروه مامایی دانشکده پرستاری و مامایی شهید بهشتی تهران (۱۳۹۶-۱۴۰۲)

تاریخ آخرین ویرایش: شهریور ۱۴۰۲

سمت های اجرایی

- معاون آموزشی گروه مامایی (۱۴۰۱-۱۴۰۳)

تالیف و ترجمه

- ویلیامز فارسی ، جلد دوم و چهارم، (گروهی از نویسندگان). انتشارات نشر جامعه نگر،. سال ۲۰۲۲ و ۲۰۲۳
- مروری جامع بر ویلیامز ، انتشارات علوم پزشکی .چهار دوره ۲۰۱۴،۲۰۱۸،۲۰۲۲ و ۲۰۱۰.
- پرستاری و بهداشت مادر و کودک ،(الهام زارع، مریم قراچه، زهرا شاهواری). انتشارات علوم پزشکی، ۲۰۱۰

۱. Alamolhoda SH, Haghdoost S, Shariatifar N, Zare E, Ahmadi Doulabi M. Risk of Child ADHD and Low Birth Weight: A Systematic Review Study. *International Journal of Pediatrics*. 2021;9(9):14421-34.
۲. Alamolhoda SH, Zare E, HakimZadeh A, Zalpour A, Vakili F, Chermahini RM, et al. Adolescent mental health during COVID-19 pandemics: A systematic review. *International Journal of Adolescent Medicine and Health*. 2023;35(1):41-60.
۳. Alamolhoda SH, Zare E, Nasiri M. The status of adolescent health during the COVID-19 pandemic. *Journal of Medicine and Life*. 2022;15(5):675.
۴. Alamolhoda S-H, Zare E, Doulabi MA, Mirabi P. Domestic Violence against Women and COVID-19 Quarantine: A Systematic Review Study. *Current Women's Health Reviews*. 2024;20(2):43-9.
۵. Alamolhoda S-H, Zare E, Mirabi P. Diet and Gestational Diabetes Mellitus: A Systematic Review Study. *Current Women's Health Reviews*. 2023;19(1):42-8.
۶. Alirezaei A, Bakhtiyari M, Zare E. Anti-Glomerular basement membrane disease with thrombotic thrombocytopenic purpura. *Case Reports in Clinical Practice*. 2018;3(4):106-12.
۷. Alirezaei A, Massoudi N, Zare E, Taheri N. Continuous renal replacement therapy in Iran; current practice, indications and outcomes in hemodynamically unstable patients. *Journal of Nephro pharmacology*. 2019;8(2):e25-e.
۸. Alirezaei A, Zare E, Parvin M, Nili F, Bakhtiyari M. Uncorrected Version. *Journal of Renal Injury Prevention*. 2017;6(4).
۹. Alirezaei A, Zare E, Parvin M, Nili F, Bakhtiyari M. De novo minimal change disease after kidney transplantation. *Journal of Renal Injury Prevention*. 2017;7(2):103-6.
۱۰. Ayoubi S, Pazandeh F, Simbar M, Moridi M, Zare E, Potrata B. A questionnaire to assess women's perception of respectful maternity care Midwifery. 2020;80:102573. (WP-RMC): Development and psychometric properties

- Bahadorimonfared A, Alirezaei A, Zare E, Bakhtiyari M. Beyond hematopoietic property; administration of erythropoietin for nephroprotection. *Journal of Renal Injury Prevention*. 2017;6(4):292-6. .۱۱
- Bakht R, Dolatian M, Hajian S, Montazeri A, Majd HA, Zare E. Women's Reproductive Health Literacy: A Qualitative Study. *International Journal of Women's Health & Reproduction Sciences*. 2023;11(1). .۱۲
- Didar H, Mansourfar G, Zara A. The impact of corporate governance quality on disclosure quality with emphasis on moderating role of product market competition in firms listed on the Tehran Stock Exchange. *Financial Accounting Research*. 2017;9(1):97-118. .۱۳
- Didar H, Mansourfar G, Zare E. Investigating the effect of corporate governance quality on disclosure quality, emphasizing the moderating role of product market competitiveness in the companies accepted in Tehran Stock exchange. *Journal Financial Accounting Research*. 2016;9(1):97-118. .۱۴
- Elham Z, Masoumeh S, Zohreh S, Hamid Alavi M. Design and psychometric properties of male adolescent health needs-assessment scale. 2016. .۱۵
- Fatemeh N, Elham Z, Alavi H. Effects of licorice on relief and recurrence of menopausal hot flashes. 2012. .۱۶
- The> effect of Licorice root extract on hot flashes in menopause. 2011. > Fatemeh N, Elham Z, Faraz M, Hamid Alavi M. .۱۷
- Heydarpour S, Zare E, Heidarpour F. Comparison of primipara's women perception of pain, fear and anxiety of vaginal delivery among Persian, Kurdish and Turkish women. *Journal of clinical research in paramedical sciences*. 2015;4(3). .۱۸
- Khodarahmi S, Hajian S, Zare E, Nasiri M. The effect of backup midwife on maternal experience after vaginal childbirth—a qualitative study. *Journal of Medicine and Life*. 2022;15(4):539. .۱۹
- Khodarahmi S, Hajian S, Zare E, Nasiri M, Pazandeh F. Investigating the Iranian women's experiences of physiological childbirth. *European Journal of Molecular & Clinical Medicine*. 2021;8(2):1011-24. .۲۰
- Koliji T, Keshavarz Z, Mojab F, Nasiri M, Zare E. Comparison of Cinnamon and Vitex on Improving Sexual Function in Postmenopausal Women: A Triple-blind Randomized Clinical Trial. *Jundishapur Journal of Natural Pharmaceutical Products*. 2022;17(4). .۲۱
- Koliji T, Keshavarz Z, Zare E, Mojab F, Nasiri M. A systematic review of herbal medicines to improve the sexual function of menopausal women. *Journal of Herbmed Pharmacology*. 2020;10(1):51-60. .۲۲
- Nahidi F, Zare E, Mojab F, Alavi-Majd H. Effects of licorice on relief and recurrence of menopausal hot flashes. *Iranian journal of pharmaceutical research: IJPR*. 2012;11(2):541. .۲۳
- Nahidi F, Zare E, Mojab F, Allavi Majd H. The effect of Glycyrriza glabra on the number of night hot flashes postmenopausal women. .۲۴
.۵-۲۱:(۶۷)۱۹;۰۱۰ Journal of shahid beheshti university of medical sciences. 2
- Nahidi F, Zare E, Mojab F, Majd HA. Effects of licorice root extract on the number of nocturnal hot flashes in menopausal women. *Advances in Nursing & Midwifery*. 2009;19(67):21-5. .۲۵
- complementary medicine on successful breastfeeding and its associated issues in the Rahnemaie FS, Zare E, Zaheri F, Abdi F. Effects of .۲۶
postpartum period. *Iranian Journal of Pediatrics*. 2019;29(1).
- and Marital Adjustment in Saadati Shamir A, Saniee M, Zare E. Effectiveness of Couple Therapy by Gottman Method on Family Function .۲۷
Divorce Applicant Couples. *Iranian Journal of Rehabilitation Research*. 2019;5(2):10-7.

- Salem J, Zare E. Study of almond marketing and comparative advantage in Yazd province. *Agricultural Economics Research*. 2010;2(6):73-90. ۲۸
- Shamir AS, Saniee M, Zare E. Effectiveness of Couple Therapy by Gottman Method on Family Function and Marital Adjustment in Divorce Applicant Couples. 2018. ۲۹
- Simbar M, HamzehGardeshi Z, Zare E, Nasiri M. Explaining Sexual Self-Care Status and its Predictor factors in Women Referring to Healthcare Centers of Sari, Iran, 2021. 2022. ۳۰
- Simbar M, Zare E, Shahhosseini Z. Adolescent's psychological health in Iran. *International Journal of Adolescent Medicine and Health*. 2019;33(4):20180221. ۳۱
- F, Simbar M, Hamzehgardeshi Z, Zare E, Nasiri M. Explaining sexual self-care status and its predictor factors in women referring to healthcare centers of Sari, Iran, 2021. *BMC Women's Health*. 2023;23(1):50. ۳۲
- Zahir ST, Shateri S, Yazdi MB, Barand P, Zare E. Comparing the Detection of Lymph Nodes Micrometastasis in Breast Cancer by the Hematoxylin and Eosin Staining Method (H&E) and the Immunohistochemical Method (IHC). *International Journal of Cancer Management*. 2017;10(11). ۳۳
- Zalpour A, Zare E, Nasiri M. The Effects of Herbal Medicines on Sexual Function and Sexual Satisfaction among Women: A Systematic Review and Meta-Analysis. *Jundishapur Journal of Natural Pharmaceutical Products*. 2023(In Press). ۳۴
- Pandemic on Female Sexual Function: A Systematic Review and Meta-Analysis. Iranian Journal of Psychiatry and Behavioral Sciences. 2023(In Press). ۳۵
- Zalpour A, Zare E, Nasiri M. Effect of COVID-19 on Female Sexual Function: A Systematic Review and Meta-Analysis. *Iranian Journal of Nursing*. 2014;27(90):14-21. Zare E, Bahrami N, Soleimani MA. Comparison of self-esteem in fertile and infertile women. *Iran Journal of Psychiatry and Behavioral Sciences*. 2023(In Press). ۳۶
- Zare E, Faramarzi Asl M, Abbasi Param E. Study the Role of Participation of Local Communities in Sustainable Social Development of Cities (Case study: Sanglaj, Tehran). *Journal of Sustainable Architecture and Urban Design*. 2020;8(1):101-17. ۳۷
- Zare E, Ghaffari M, Nahidi F, Nasiri M, Masjedi A. Relationship between domestic violence in pregnancy and maternal fetus attachment. *Iranian Journal of Psychiatry and Behavioral Sciences*. 2022;16(1). ۳۸
- ZARE E, Karimi MH. Culture, Education and Unrealized Possibilities: Essay about the Neglected Human Freedoms Behind Culture and Education. 2018. ۳۹
- Zare E, Kharazmi M, Zeinalipour H. Technology of Education Journal. ۴۰
- Zare E, Mahbubi Z, Panahi M. Nephrology A Neglected Case of Wilson's Disease Presenting as Symptomatic Urolithiasis and Proteinuria: A Case Report and Review of the Literature. ۴۱
- Zare E, Nahidi F, Mojab F, Majd HA. The Effect of Pimpinella anisum on Treatment and Recurrence of Menopausal Hot Flashes: A Randomized, Controlled, Multicenter, Double-Blind, Parallel-Group Clinical Trial. *Shiraz E-Medical Journal*. 2022;23(7). ۴۲
- Zare E, Najafi R, Nahidi F, Afrakhteh M, Mojab F, Majd HA. The Effect of Oral Cinnamon Capsule on the Treatment and Recurrence of Vaginitis: A Double-blind Randomized Clinical Trial. *Shiraz E-Medical Journal*. 2022;23(12). Candidal ۴۳
- Zare E, Panahi M, Fooladi ZM. A Challenging Case of COVID-19 With Skin Manifestations and Normal Chest Computed Tomography. ۴۴
- .۲۰۲۰ Case Reports in Clinical Practice.

- Zare E, Roozbeh N, Akbari PA, Teshnizi SH, Ghazanfarpour M, Abdi F. HPV and its high-risk genotypes in Middle Eastern countries: a meta-analysis. *Future Virology*. 2020;15(9):595-607. .۴۵
- in the central part of Tehran (Case study: District 12). *Journal of Studies of Zare E, Saghafi Asl A, Faridi Sani M. Livability analysis Human Settlements Planning*. 2022;16(4):799-821. .۴۶
- Zare E, Simbar M, Shahhoseini Z. Explaining sexual health needs among adolescent boys in Iranian society. *Trends Life Sci*. .۴۷
۲۲-۲۳۱۹:(۴)۴;۲۰۱۵
- Zare E, Simbar M, Shahhoseini Z. Social health needs of Iranian male adolescents. *International Journal of Adolescent Medicine and Health*. 2019;33(1):20180055. .۴۸
- in adolescents. *Journal of Qualitative Research in Health Sciences*. Zare E, Simbar M, Shahhoseini Z. Explaining the concept of self-care .۴۹
2020;4(4):395-405.
- Zare E, Simbar M, Shahhosseini Z, Alavi Majd H. The priorities of Iranian male adolescents health needs. *American Journal of Men's Health*. 2017;11(4):1255-9. .۵۰
- Zare E, Simbar M, Shahhosseini Z, Majd HA. Design and psychometric properties of male adolescent health needs-assessment scale. .۵۱
International journal of community based nursing and midwifery. 2016;4(4):297.
- Zare EG, Maryam, Nahidi, Fatemeh, Nasiri, Malihh, Masjedi, Ali. Relationship Between Domestic Violence in Pregnancy and Maternal Fetus Attachment. *Iran J Psychiatry Behav Sci*.16(1):111406. .۵۲
- شامیر س, ابوطالب, صنیعی, زارع. اثربخشی زوج درمانی به روش گاتمن بر عملکرد خانواده و سازگاری زناشویی در زوجین متقاضی طلاق. *نشریه پژوهش توانبخشی در پرستاری*. ۲۰۱۹;۵(۲):۱۰-۷. .۵۳